

Date : _____

Name: _____

Check-in!

Take a few minutes to reflect on today's lesson.

Step 1:

Assess your current level of **knowledge** by putting a checkmark in each of the applicable boxes.

	Not yet	Getting there	Yes
I understand how social and structural determinants impact the mental health of individuals and communities.			
I know what inquiry means.			
I understand the criteria for effective inquiry questions .			
I can recall the Question Formulation Technique (QFT) .			

Step 2:

How **confident** are you in your ability to develop effective inquiry questions related to mental illness or addiction? Circle one of the boxes below.

Overall, I am very confident in my ability to develop effective inquiry questions related to mental illness or addiction.	Getting there! I need to review and practice more in order to feel more confident developing effective inquiry questions related to mental illness or addiction, but overall I feel pretty good about it.	I think I need more time to learn and become comfortable developing effective inquiry questions related to mental illness or addiction.
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Step 3:

What **comments** or **questions** do you have for your teacher? Write them in the space below: